

Learning Styles Inventory

Assignment: Place a check mark in front of each statement that describes you. Then total the number of check marks for each group.

Group 1

- _____ I like to read when I have free time.
- _____ I remember what I read better than I remember what I hear.
- _____ I can 'see' words in my mind when I need to spell them.
- _____ I picture what I read.
- _____ I can remember something by 'seeing' it in my mind.
- _____ I remember what the pages look like in books I've read.
- _____ I remember peoples' faces better than I remember their names.
- _____ **Total number of check marks in Group 1**

Group 2

- _____ I remember more when I listen to the news on TV than when I read about it.
- _____ I usually remember what I hear.
- _____ I learn better by having someone explain something to me than by reading about it.
- _____ I remember things best when I say them out loud.
- _____ I talk to myself when I try to solve problems.
- _____ I communicate better on the telephone than I do in writing.
- _____ I understand material best when I read it out loud.
- _____ **Total number of check marks in Group 2**

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Group 3

_____ I like to make things with my hands.

_____ I learn best by handling objects.

_____ I find it hard to sit still when I study.

_____ I pace and move around a lot when I'm trying to think through a problem.

_____ I take notes when I read to better understand the material.

_____ I communicate better when I write than when I speak.

_____ **Total number of check marks in Group 3**

Analyzing the Results

The section where you made the most check marks is likely to be your preferred learning style.

Group 1 - Visual

Group 2 - Auditory

Group 3 - Kinesthetic/Tactile